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**Mr. Juha Mikkonen**

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**T:** +358 50 527 4780 / +1 416 841 1984

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**E:** mikkonen @ iki.fi

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**LinkedIn:** <https://ca.linkedin.com/in/juhamikkonen>

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**Special expertise:**

Health promotion  
 Social determinants of health  
 Intersectoral action for health  
 Health in All Policies  
 Health inequalities  
 Drug and alcohol policy  
 Substance abuse prevention

**PROFILE**

I am a public policy professional and social psychologist with 15 years of professional experience. Currently, I am working in the areas related to health equity, intersectoral action, mental health promotion, and the social determinants of health.

During my career, I have held leadership positions in numerous non-profit organizations to promote health and well-being. I have led and managed projects for non-governmental organizations in Finland and later in multicultural environments in Canada and Europe.

Currently, I work as the Executive Director of the Finnish Association for Substance Abuse Prevention EHYT. In my role as a consultant, I have provided expert advice to think tanks and international organizations, such as the World Health Organization.

My contributions to the field of public policy include over 80 articles, books, reports, and professional presentations. In Finland, I have published several books and reports covering themes such as health inequalities, health promotion, and social exclusion. Internationally, I have written book chapters to volumes published by Ashgate Publishing/Taylor & Francis and Canadian Scholars' Press.

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**Education**

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**2012-2017 PhD in Health Policy and Equity**

<http://health.gradstudies.yorku.ca/about-the-program/>

York University, Toronto, Canada, Health Policy & Management, Faculty of Health.

Finished coursework with an "A" average (GPA: 3.951, 7 courses).

Dissertation title: *"Intersectoral Action for Health: Challenges, Opportunities, and Future Directions in the WHO European Region."* Expected defense date: *Spring 2018.*

**Vanier Canada Graduate Scholar (Vanier CGS) – 09/2012-09/2015**

The Vanier CGS is the most prestigious graduate scholarship offered in Canada. The Vanier program launched by the Government of Canada is designed to attract world-class doctoral students.

Vanier scholars demonstrate leadership skills and a high standard of scholarly achievement. My nomination was ranked No.1 of all national and international 215 candidates that were nominated by Canadian universities (CIHR stream). <http://www.vanier.gc.ca/en/home-accueil.html>

**2011 Master of Social Science (195 ECTS credits) – 2011**

University of Helsinki, Department of Social Psychology, Faculty of Social Sciences.

Major: Social Psychology. Other studies: Public Health and Health Policy.

Master's thesis: *"Social and material deprivation among youth in Finland: Causes, consequences, and coping"*.

Graduated with the highest distinction "Laudatur", equivalent to summa cum laude, ~1% in the faculty. Available at: <http://tinyurl.com/jhj2kb5>

**2011 Bachelor of Social Science (121 ECTS credits) – 2009**

University of Helsinki, Department of Social Psychology, Faculty of Social Sciences.

Major: Social Psychology. Minor: Communication and Leadership Studies.

## Other academic courses

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- 2016**      **Fall Institute, Health Policy and Management**  
**Johns Hopkins Bloomberg School of Public Health**  
Vicente Navarro: "The Impact of the Financial, Economic, and Political Crises on Health, Quality of Life and Well-Being of Population" (24 hours). Universitat Pompeu Fabra, Barcelona, November 22-27, 2016.  
<http://www.jhsph.edu/departments/health-policy-and-management/institutes/fall-institute/index.html>
- 2015**      **Preparatory studies for psychotherapy training (30 ECTS credits)**  
Open University, University of Helsinki, Finland.  
The completion of these studies is a legal requirement for enrolling in psychotherapy training in Finland.
- 2009**      **Leadership Studies (25 ECTS credits),**  
Faculty of Social Sciences, University of Helsinki, Finland.  
HR management; strategic management; leadership skills and development.
- Non-degree**      **Visiting student at York University (2009) and the University of Toronto (2006).**

## Relevant work experience

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- 11/2017-**      **Executive Director**  
**Finnish Association for Substance Abuse Prevention EHYT, Helsinki, Finland**  
<http://www.ehyt.fi/en>  
EHYT focuses on preventing the harm caused by alcohol, drugs, tobacco, and gambling. It is a nation-wide non-governmental organization and has approximately 60 employees. Our central office is located in Helsinki, Finland. In addition, we have 12 regional staff members working across the country.
- 02/2017-**      **Coordinator (50%)**  
**11/2017**      **Finnish Association for Mental Health, Helsinki, Finland**  
<http://www.mielenterveysseura.fi/en>  
Coordinating a multi-stakeholder project focused on the reform of social and health care services for people with mental health and substance use problems. The project is funded by the Prime Minister's Office. The project consortium consists of six independent members: A-Clinic Foundation, KoKoA ry, Evipro, London School of Economics and Political Science (LSE), Åbo Akademi, and the Finnish Association for Mental Health. Duration: 02/2017-12/2017
- 2015-2016**      **Health 2020 Policy Consultant**  
**World Health Organization Regional Office for Europe, Copenhagen, Denmark**  
<http://www.euro.who.int/>  
Trained as a Health 2020 consultant to support the implementation of the Health 2020 European policy framework. Write-up of National Health Policy updates for Sweden, Finland, Denmark, Norway, and the Netherlands. External Consultant on a WHO Mission to Uzbekistan with Dr. Richard Alderslade (Presentation: <https://tinyurl.com/yd4xpw7e>)
- 08/2015-**      **Consultant and Temporary Advisor**  
**07/2016**      **World Health Organization Regional Office for Europe, Copenhagen, Denmark**  
Advisory work on governance and intersectoral action for health.  
Wrote a working paper entitled "Mapping exercise to support intersectoral action: Results of the in-house consultation with Program Managers, Unit Leaders, and Technical Officers at the WHO Regional Office for Europe". For the report, I conducted 28 interviews at the WHO Regional Office for Europe in Copenhagen. Coordinated the work of five experienced WHO consultants who are collecting intersectoral initiatives across the WHO European Region (53 countries).
- 04/2012-**      **Visiting Researcher**  
**08/2012**      **National Institute for Health and Welfare, Helsinki, Finland**

## Relevant work experience (cont.)

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- 01/2012-02/2012**      **Expert Advisor**  
**Finnish Association for Substance Abuse Prevention - EHYT, Helsinki, Finland**
- I worked for a brief time as an expert advisor on social and health policies concerning substance abuse prevention after a merger of three Finnish NGOs.
- 2010-2012**      **Project Manager, Association for Healthy Lifestyles [Elämäntapaliitto], Helsinki, Finland**  
**After a merger: Finnish Association for Substance Abuse Prevention - EHYT**
- I was in charge of a nation-wide community development project targeted at vocational school students in Finland. The project is focused on social determinants of health, such as building health-promoting structures and environments in vocational schools, strengthening student board activities, and improving health education. In 2011, I was initiating a 5-year project with a total budget of over 2 million euros.
- 2002-2009**      **Project Manager, Planning Officer (2002-2007)**  
**Association for Healthy Lifestyles [Elämäntapaliitto], Helsinki, Finland**
- I was responsible for coordinating youth health promotion projects. Projects have covered such themes as advocacy, development policies, health promotion, alcohol and drug education, healthy public policies, community development, and social inclusion. Projects were funded by such organizations as the Ministry of Foreign Affairs, the Ministry of Social Affairs and Health, the Finnish Slot Machine Association (RAY).
- 2000-2001**      **Systems Specialist and Linux System Administrator**  
**Adcore Ltd., Helsinki, Finland**
- System administration and various developmental tasks on Linux network servers and workstations.

## Short-term work assignments

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- 2011**      **Consultant**  
**National Collaborating Centre for Determinants of Health (NCCDH), Canada**
- I collaborated with the NCCDH to prepare a French version of my publication: *Déterminants sociaux de la santé : les réalités canadiennes*, 2011 (with Dr. Dennis Raphael).  
<http://www.nccdh.ca/> — [http://www.thecanadianfacts.org/l\\_es\\_realites\\_canadiennes.pdf](http://www.thecanadianfacts.org/l_es_realites_canadiennes.pdf)
- 2011-2013**      **Visiting Lecturer**  
**Kokkola University Consortium Chydenius, University of Jyväskylä, Finland**
- I took part in a European wide project “The Role of Welfare Services for Participative Citizenship of Marginalised Citizens in Europe.” In addition, I was invited as a visiting lecturer on the topic of participation of people experiencing poverty.
- See: Mikkonen, J. (2014). Coping strategies among marginalized youth in Finland. In A-L. Matthies & L. Uggerhøj (Eds.), *Participation, marginalization and welfare services – concepts, politics and practices across European countries* (pp. 219-238). Routledge, UK. <https://tinyurl.com/y8xpdmgb>
- 01/2010-05/2010**      **Visiting Scholar**  
**School of Health Policy and Management, Toronto, Canada**
- I worked as a Visiting Scholar at York University and during this time I co-authored an acclaimed report “**Social Determinants of Health: The Canadian Facts**” (2010) that has been downloaded over 500,000 times from the project’s website [thecanadianfacts.org](http://www.thecanadianfacts.org). The report considers the social factors that influence health and gives suggestions of what can be done to improve population health.
- The foreword was written by Honourable Monique Bégin (Former Minister of National Health & Welfare of Canada and Member of WHO Commission on Social Determinants of Health). The public health primer has become a key resource on the social determinants of health and it is used in graduate and undergraduate courses at a number of Canadian universities. Over 500 Google Scholar citations by 2017 (<http://tinyurl.com/lbj92ry>).

- 2008 National Coordinator (Finland)  
7th EU Meeting of People Experiencing Poverty**  
I coordinated the preparation of the meeting and was in charge of the Finnish delegation on behalf of the Finnish branch of European Anti Poverty Network (EAPN-Fin).
- 09/2006-12/2006 Intern  
Centre for Health Promotion (CHP)  
WHO Collaborating Centre in Health Promotion, Department of Public Health Sciences  
University of Toronto, Faculty of Medicine, Canada**  
I evaluated a health promotion campaign on alcohol abuse prevention. The Centre for Health Promotion offered its expertise in program evaluation to support the work.
- 08/2001-01/2002 Systems Analyst  
Finnish Defence Forces, Helsinki's Anti-Aircraft Regiment, Finland**  
I administrated a Linux-based network portal for distance learning.

## Appointments and leadership positions

- 03/2017- Vice-president of the Steering Group  
Muunto project, A-clinic Foundation, Helsinki, Finland**  
The A-clinic Foundation is managing the Muunto project during 2016–19. The aim of the project is harm reduction among substance abusers and to lower the threshold for seeking support and assistance. The method is to provide anonymous online health services. For instance, by providing anonymous medical e-services, anonymous online research questionnaires, online harm reduction information and anonymous online methods to seek medical attention. <http://www.a-klinikka.fi/in-english>
- 07/2013- Associate, Demos Helsinki, Finland**  
Demos Helsinki is Finland's leading independent and non-partisan think tank.  
I have written a report entitled "Terveyden tasa-arvon tulevaisuus" [The Future of Health Equity] for Demos Helsinki in 2015. Available at <http://www.demos.fi>
- 2014 Vice-President, Canadian Friends of Finland (CFF), Toronto, Canada**  
Canadian Friends of Finland (CFF) is an organization devoted to the promotion of friendship, understanding and cooperation between the peoples of Canada and Finland. The CFF was founded in 1982. <http://cff.ca/cff-mission/>
- 2013 Member of the Faculty Council, Faculty of Graduate Studies  
Member of the Admissions Committee (PhD and MA), Faculty of Health**  
York University, Toronto, Canada
- 2009-2012 Member of the Executive Committee, European Anti-Poverty Network (EAPN)**  
EAPN is an independent network of organizations and groups working against poverty and social exclusion in 27 member states of the European Union. The network was established in 1990 and its secretariat is located in Brussels, Belgium. <http://www.eapn.eu>
- 2008-2012 European Anti-Poverty Network Finland (EAPN-Fin)**  
Vice-President (2010-2012); Board Member (2008-2010)  
Member, Social Policy Working Group (2008-2012)  
<http://www.eapn.fi/>
- 2011 Member of the Steering Group, OTUS Research Association, Helsinki, Finland**  
Project on the financial situation of Finnish university students. <http://www.otus.fi/>

- 2007 & 2009 Board of Directors, Gaudeamus, Helsinki University Press Ltd., Helsinki, Finland**
- Gaudeamus - Helsinki University Press is one of the leading Finnish science publishers. Gaudeamus publishes literature from various academic fields (i.e. political and social sciences, humanities, philosophy, environmental studies etc.) for the purposes of the Finnish academia and university students.  
<https://www.gaudeamus.fi/in-english/>
- 2004-2009 University of Helsinki, Finland**
- Member of Election Collegium (2007-2009)  
 Member of Faculty Council, Faculty of Social Sciences (2007-2009)  
 Member of Academic Competence Evaluation Group (2004-2005)  
<https://www.helsinki.fi/en>
- 2007-2009 Vice-President, Art, Science, and Poor People (NGO), Helsinki, Finland**
- 2004-2009 Member of the Delegation, Finnish Student Health Services (FSHS / YTHS), Finland**
- Finnish Student Health Services (FSHS) provides students with preventive health care, medical care, mental health care and dental health care. FSHS was founded in 1954 and it covers all Finnish university students in 16 cities. <http://www.yths.fi/en>
- 2007-2009 Board of Directors, Pro Welfare State Finland (NGO), Helsinki, Finland**
- 2006-2007 Board of Directors, Finnish Youth Co-Operation - Allianssi, Helsinki, Finland**
- Allianssi is an umbrella organisation for Finnish youth organizations with over one hundred member organizations. It is a non-governmental, non-profit organization independent of any political and denominational affiliation. Most national youth organizations belong to Allianssi which makes it the most substantial non-governmental organization working on the youth policy in Finland. <http://alli.fi/english/>
- 2004-2007 Board of Directors, Nyyti ry, Helsinki, Finland**
- Nyyti is an association (NGO) for preventive mental health care for students founded in 1984.  
<https://www.nyyti.fi/en/yhdistys/>
- 2004-2007 Member of Representative Council, Student Union of the University of Helsinki (HYY)**
- The Student Union (HYY) is an active community of over 30,000 students. The purpose and task of the HYY is to represent the students of the University of Helsinki, look after their interests, and foster their academic, social and intellectual endeavours.  
<https://hyy.helsinki.fi/en>
- 2007 Member of the Steering Committee, Preventiimi, National Knowledge Centre for Substance Use Prevention in the Youth Sector, Finland**
- A national network for youth substance abuse prevention. <http://www.preventiimi.fi/in-english/>
- 2005 Member, Amnesty International, Medi Action Group, Finland**
- 2004 Tutor, Department of Social Psychology, University of Helsinki**
- 2003 Vice-President, Status, Student Organization for Social Psychology Majors**
- 2003 Editor-in-Chief, "Status", Student Magazine of Social Psychology Majors**

# Languages

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<b>Finnish</b>	Native; Finnish matriculation examination: Laudatur (L); (~5% receive a laudatur) <a href="https://www.ylioppilastutkinto.fi/en/">https://www.ylioppilastutkinto.fi/en/</a>
<b>English</b>	Reading: Excellent; Writing: Excellent; Spoken: Excellent (2009: IELTS >7.5)
<b>Swedish</b>	Reading: Basic; Writing: Basic; Spoken: Fair Finnish Civil Service Language Proficiency (CSLP) Certificate in Swedish (2008); Spoken and written proficiency corresponding to at least level B1 on the CEFR
<b>Spanish</b>	Reading: Fair
<b>French</b>	Reading: Fair

# Technical skills

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**Operating systems:** Mac OS X, Windows, GNU/Linux (server administration)

**Software:** MS Office, OpenOffice, Pages, Dreamweaver (HTML), Adobe Photoshop, Adobe Indesign

- Excellent knowledge of computer software and hardware.
- Designed web pages for several non-profit organizations.
- Semi-professional photographer.

# Memberships in professional organizations

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- Finnish Association of Social Psychologists
- Finnish Social Policy Association
- Society for Social Medicine in Finland
- The Westermarck Society - Finnish sociological society

# Recent international courses, trainings, and meetings

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During my career, I have taken part in over 50 international seminars and training sessions. Selected list:

- "Advanced Security in the Field" training. 20 Oct 2015, UN Department of Safety and Security (UNDSS).
- "Institutions in Context: The free market" international workshop. Organized and hosted by the North American Studies Program of the University of Tampere. 9-15 Jun 2014. Tampere, Finland.
- "Institutions in Context: Inequality" international workshop. Organized and hosted by the North American Studies Program of the University of Tampere. 3-9 Jun 2013. Tampere, Finland.
- European Union training course. Organized by The Finnish Federation for Social Welfare and Health. 21-24 Nov 2011, Brussels, Belgium.
- Project management training, The Finnish Youth Co-operation Allianssi, two days in spring 2011. Helsinki, Finland.
- EAPN Strategy Preparation 2012-2015, 2-4 Feb 2011, Leuven, Belgium.
- Interviews in deprived areas, Jan 2011, Tolu, Colombia.
- Training course on public speaking (Puhujakoulu), The Academy of Philosophy, four weekends in Oct-Dec 2010, Helsinki, Finland.
- Closing Conference of the European Year for Combating Poverty, 16-17 Dec 2010, Brussels, Belgium.
- 9th Round Table on Poverty and Social Exclusion, 18-19 Oct 2010, Brussels, Belgium.
- Nordic-Baltic Welfare Platform meeting, 1-2 Sept 2010, Oslo, Norway.
- UN General Assembly, a participant with UN Grounds Pass, Economic and Social Council (ECOSOC), 6-8, Oct 2009, New York, United States.
- Training on Active Inclusion in the European Union. 13-14 Jun, 2008, Brussels, Belgium.
- Project management training, The Federation for Social Welfare and Health, two days in spring 2008. Helsinki, Finland.
- Training on the Open Method of Coordination (OMC) in the EU, 29 Feb – 1 Mar, 2008, Brussels, Belgium.
- European Union Training Course, 29 Aug – 1 Sept., 2007, Brussels, Belgium.
- Intercultural Course for Youth Leaders. Organized by the Council of Europe. 1-27 Jul, 2008, Dublin, Ireland.
- Public Relations Training Course. Lithuania. Organized by the European Youth Forum. 19-25 Jun, 2006, Trakai, Lithuania.
- Alcohol Policy Advocacy Training Course led by Dr. Peter Anderson (Oxford University) and Ben Baumberg (Institute of Alcohol Studies) in Copenhagen, Denmark. 14-17 Feb, 2006, Copenhagen, Denmark.
- English course in advanced level B at the Sheridan College Institute of Technology and Advanced Learning in Brampton, Ontario, Canada (8 weeks in fall 2005).

## Other activities

- I have given career life mentoring for undergraduate and graduate students of social sciences (2010-2015). I was invited as a mentor by the student association of social psychology majors.
- I received private mentoring in photography (Jan-Aug, 2010) instructed by an award-winning photographer Gregory Talas (CEO / Creative Director at Kodiak Gallery in Toronto's Distillery District).
- I was part of the group which collected one of the most comprehensive qualitative data on poverty in Finland (Everyday Experiences of Poverty, "Arkipäivän kokemuksia köyhyydestä"). We collected qualitative data (writings, ranging in length from 1 to 20 pages, on poverty) from 850 participants through a writing contest. The project has produced three books (2007, 2009 & 2012), which I have co-authored, a theater play, a dozen seminars held at the Finnish parliament, policy recommendations, and several academic research projects (including 23 finished Master's theses)  
<http://www.koyhyyskirjoitukset.org/>
- Our book based on the "Everyday Experiences of Poverty" project was donated to the all members of the Finnish Parliament in the fall 2007. Currently, our anthology is used as a textbook in three different universities in Finland. The data has been archived by the Finnish Social Science Data Archive and is being used by 20 Finnish social science researchers  
[https://services.fsd.uta.fi/catalogue/FSD2413?tab=description&study\\_language=en](https://services.fsd.uta.fi/catalogue/FSD2413?tab=description&study_language=en)
- My thesis "Masennus ja serotoniiniselektiiviset lääkkeet" [Depression and Selective Serotonin Reuptake Inhibitors] was awarded in the "Viksu" science contest arranged by the Academy of Finland in 2000. The nationwide contest was open to all Finnish high school students. A Finnish portal on mental health published the thesis in 2002. <http://mikkonen.kapsi.fi/ssri/>

## Interests

Organizational and cultural activities, literature, various sports, music, and cinema.

In my spare time I am an avid photographer (see my portfolio at <http://juhaphotography.net>).

## Publications and presentations

### SUMMARY OF PUBLICATIONS AND PROFESSIONAL CONTRIBUTIONS

Category	Published
Books, reports, and monographs	8
Book chapters	5
Papers in refereed journals	2
Other academic articles (non-refereed)	8
Short reports and manuals	3
Book reviews	1
Articles in newspapers and magazines	9
Forewords in publications	3
Theses	2
Test tools	1
Other publications and columns	4
Professional presentations and speeches	27
Poster presentations	3
Press interviews	8
Artistic works: photography exhibitions	3
<b>TOTAL</b>	<b>86</b>

# Publications and presentations (86)

## BOOKS, REPORTS, AND MONOGRAPHS (8)

**Mikkonen, J.** (2015). Terveystasa-arvon tulevaisuus [The future of health equity]. Briefing paper. Published by Demos Helsinki. Available at: <http://www.demoshelsinki.fi/julkaisut/terveyden-tasa-arvon-tulevaisuus/> [48 pages]

**Mikkonen, J.** (2012). Syrjäytyä vai selviytyä? Nuorten pienituloisuuden syitä, seurauksia ja arjen selviytymiskeinoja [To cope or to marginalize? The experiences of low-income youth in Finland]. European Anti-Poverty Network Finland. Helsinki: Erweko. Published in Finnish. Available at: [http://www.koyhyyskirjoitukset.org/syrjaytya\\_vai\\_selviytya.pdf](http://www.koyhyyskirjoitukset.org/syrjaytya_vai_selviytya.pdf) [50 pages]

**Mikkonen, J.,** & Raphael, D. (2011). Déterminants sociaux de la santé : les réalités canadiennes. Toronto : École de gestion et de politique de la santé de l'Université York & National Collaborating Centre for Determinants of Health. Published in French. Available at [http://www.thecanadianfacts.org/Les\\_realites\\_canadiennes.pdf](http://www.thecanadianfacts.org/Les_realites_canadiennes.pdf) [62 pages]

**Mikkonen, J.,** & Raphael, D. (2010). Social determinants of health: The Canadian Facts. Toronto, ON: School of Health Policy and Management, York University. Available at [http://www.thecanadianfacts.org/The\\_Canadian\\_Facts.pdf](http://www.thecanadianfacts.org/The_Canadian_Facts.pdf) [62 pages]

**Mikkonen, J.,** & Tynkkynen, L. (2010). Terve amis! Ammattiin opiskelevien terveyden taustatekijät: 50 toimenpide-ehdotusta terveyserojen kaventamiseksi [The social determinants of health among vocational school students in Finland: 50 recommendations to reduce health inequalities]. Helsinki: Association for Healthy Lifestyles. Published in Finnish. Available at <http://tinyurl.com/hfj47la> [70 pages]

**Mikkonen, J.,** & Typpö, A. (Eds.) (2009). Rikas runo – sanoja köyhyydestä [Rich/Wealthy Poems; an anthology of poems about poverty]. Foreword by the former Minister of Culture, MD Claes Andersson. Helsinki: Avain. Published in Finnish. [170 pages]

**Mikkonen, J.,** & Ruokonen, R. (2007). Mäyräkoirasta sikspäkkiin -yhteisöterveyshankkeen loppuraportti [The evaluation report of "From Twelvepack to Sixpack" community health project]. Association for Healthy Lifestyles & Finnish Student Health Service. Helsinki: Kehitys Oy. Available at <http://tinyurl.com/phk2rwj> [106 pages]

Isola, A-M., Larivaara, M., & **Mikkonen, J.** (Eds.) (2007). Arkipäivän kokemuksia köyhyydestä. [Everyday Experiences of Poverty, an anthology]. Foreword by Dr. Ilkka Taipale. Keuruu: Avain. Available at <http://www.koyhyyskirjoitukset.org/koyhyyskirja.pdf> [349 pages]

## BOOK CHAPTERS (5)

Saari, J. & **Mikkonen, J.** (2016). Yksinäisyys valokuvissa [Loneliness in photography]. In J. Saari (Ed). *Yksinäisten Suomi* [Loneliness in Finland]. Helsinki: Gaudeamus.

Hiilamo, H. & **Mikkonen, J.** (2015). Finland. In G. Libor & D. Nowalska-Kapuścik (Ed). *Poor Europe. The Problem of Poverty in Chosen European Countries*. Katowice: Wydawnictwo Uniwersytetu Śląskiego [Publishing House of University of Silesia].

**Mikkonen, J.** (2014). Coping strategies among marginalized youth in Finland. In A-L. Matthies & L. Uggerhøj (Eds.), *Participation, marginalization and welfare services – concepts, politics and practices across European countries* (pp. 219-238). Ashgate, UK. Available at <http://tinyurl.com/otbygtm>

**Mikkonen, J.** (2012). Finnish Experiences. In D. Raphael (Ed.), *Tackling health inequalities: Lessons from international experiences* (pp.155-184). Toronto: Canadian Scholars' Press. Available at <http://tinyurl.com/q5yva7g>

Poikonen, K., **Mikkonen, J.,** Ruokonen, R. & Pakaslahti, R. (2011). Alkoholikäyttötottumuksiin vaikuttaminen opiskelijayhteisöissä [Influencing alcohol use in student communities]. In K. Kunttu, A. Komulainen, K. Makkonen & P. Pynnönen (Eds.), *Opiskeluterveys* [Student health]. Helsinki: Finnish Medical Society Duodecim.

## PAPERS IN REFEREED JOURNALS (3)

**Mikkonen, J.** (2013). The politics of poverty in Finland. *Social Alternatives*, 32(1), 24-30. Available at <http://tinyurl.com/lj399e>

**Mikkonen, J.** (2006). Transaktioanalyysi persoonallisuus- ja vuorovaikutusteorianä [Transactional Analysis as a Theory of Personality and Communication]. *Journal of the Finnish Psychological Society [Psykologia]*, vol. 5 2006 pp. 328-344. Available at <https://tinyurl.com/kn72epr>



## OTHER ARTICLES (NON-REFEREED) (8)

**Mikkonen, J.** & Poutanen, M. (2016). Alkoholipolitiikan jännitteet: nautinto vai ongelma? [An article on alcohol policy in Finland] Poliitikasta.fi (Valtiotieteellisen yhdistyksen verkkolehti). Finnish Political Science Association. Available at: <https://tinyurl.com/hpl48jd>

**Mikkonen, J.** & Raphael, D. (2012). Social determinants of health: A quick guide for health professionals. Ottawa: Canadian Paediatric Society. [http://www.kidsnewtocanada.ca/documents/Social\\_Determinants\\_of\\_Health.pdf](http://www.kidsnewtocanada.ca/documents/Social_Determinants_of_Health.pdf)

Kiukas, V. & **Mikkonen, J.** (2009). The Finnish brewing industry and alcohol education. *Nordic Studies on Alcohol and Drugs* 29 (26): 456–461. <http://www.nordicwelfare.org/PageFiles/4758/KiukasMikkonen.pdf>

Maunu, A. & **Mikkonen, J.** (2009). Remote politeness, close-range boozing, and targeted education. *Nordic Studies on Alcohol and Drugs* 29 (26): 451–455. <http://www.nordicwelfare.org/PageFiles/4758/MaunuMikkonen.pdf>

Kiukas, V. & **Mikkonen, J.** (2009). Alkoholiteollisuus ja valistus [Alcohol industry and alcohol education]. *Yhteiskuntapolitiikka [Public Policy]* 74(2): 218-221. <https://tinyurl.com/3ccqh5w>

Maunu, A. & **Mikkonen, J.** (2008). Etäkohteliaisuus, lähikäppi ja täsmävalistus [Remote politeness, close-range boozing, and targeted education]. *Yhteiskuntapolitiikka [Public Policy]* 73(6):687-689. <https://tinyurl.com/y9h76qak>

**Mikkonen, J.** & Ruokonen, R. (2007). Opiskelijoiden alkoholihaittojen ehkäisy [Alcohol abuse prevention among student populations]. In K. Kunttu, (Ed.) *Opiskeluyhteisön terveydeksi* [For health of a student community]. Ylioppilaiden terveydenhoitosäätiö. Oppaita 2. Helsinki: YTHS.

**Mikkonen, J.** (2003). Kannabis Marokosta Suomeen [Cannabis from Morocco to Finland]. Published in *Huumealouden lonkerot* [The tentacles of drug trade]. Helsinki: Elämäntapaliitto.

## REPORTS AND MANUALS (3)

**Mikkonen, J.** (2015). Mapping exercise to support intersectoral action: Results of the in-house consultation with Program Managers, Unit Leaders, and Technical Officers at the WHO Regional Office for Europe. Internal working paper. Copenhagen: WHO Regional Office for Europe.

**Mikkonen, J.** (2011). Yhteisöllinen osaaja. Ammattiin opiskelevat hyvinvointinsa edistäjinä [Community experts: Vocational students promoting wellbeing]. Helsinki: Association for Healthy Lifestyles [Elämäntapaliitto].

**Mikkonen, J.** & Yliviitala, J. (2004). *HuuMaa-roolipeliopas – toiminnallinen malli huume- ja kansainvälisyys kasvatukseen* [HuuMaa roleplay guidebook - A new model for drug and citizenship education]. Helsinki: Association for Healthy Lifestyles [Elämäntapaliitto].

## BOOK REVIEWS (1)

**Mikkonen, J.** (2004). Kiihkottomasti huumeista [Dispassionately about drugs]. *Yhteiskuntapolitiikka [Public Policy]* 69(5): 561.

## ARTICLES IN NEWSPAPERS AND MAGAZINES (9)

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### **FOREWORDS IN PUBLICATIONS (3)**

**Mikkonen, J.** & Jylhä, K. (2011). Foreword in F. Martela & L. Järvillehto, Ammattiosaajan hyvä elämä. Ajatuksia ja työkaluja ammattiin opiskelevien elämänlaadun edistämiseksi. [The good life of skilled workers. Tools and thoughts to promote the quality of life among vocational school students]. Helsinki: Finnish Association for Substance Abuse Prevention [Ehyt ry].

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### **THESES (2)**

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### **TEST TOOLS (1)**

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### **OTHER PUBLICATIONS (4)**

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**Mikkonen, J.** (2013). Terveystien edistäminen vaatii rajojen rikkomista [Health promotion requires breaking boundaries]. Demos Helsinki, Finland. August 2013. Available at <http://www.demoshelsinki.fi/terveyden-edistaminen-vaatii-rajojen-rikkomista/>

Isola, A.-M., Larivaara, M., & **Mikkonen, J.** (2008). Arkipäivän kokemuksia köyhyydestä -kirjoituskilpailu: kansalaistoimintaa ruohonjuurilta vallan kabinetteihin ["Everyday experiences of poverty" writing contest: Action from grassroots to the cabinets of power]. Internet publication. March 2008.

**Mikkonen, J.** (2000). Masennus ja serotoniiniselektiiviset lääkkeet [Depression and selective serotonin reuptake inhibitors]. A study for "Viksu" science contest. 4th prize, The Academy of Finland. The work was published by a web portal for mental health promotion (Tukiasema.net). <http://mikkonen.kapsi.fi/ssri/>

## PRESENTATIONS AND PUBLIC SPEECHES (27)

A presentation of the future of health promotion, "Terveyden edistämisen tulevaisuus", M/S SOSTE. Commentaries by Director Taru Koivisto and Dr. Harri Vertio. Helsinki, Finland. October 5, 2016.

An invited speech at the 50th Anniversary Celebration of the Social Psychology Majors (Status ry) at the University of Helsinki. Helsinki, Finland. February 27, 2016.

Working at the country level as a WHO consultant: Uzbekistan. Building country capacity for national health policy development in the contemporary context - H2020 and SDGs: Briefing for policy consultants. WHO Regional Office for Europe. Copenhagen, Denmark. November 19-20, 2015. <https://tinyurl.com/yd4xpw7e>

A presentation of the Preliminary Results: In-house Consultation on Intersectoral Action for Health. WHO Regional Office for Europe Copenhagen. Copenhagen, Denmark. May 26, 2015.

The future of health equity in Finland [Terveyden tasa-arvon tulevaisuus]. A presentation at the launch event, Demos Helsinki, January 14, 2015. Commentaries by Dr. Pekka Puska, Eeva Kuuskoski, and Dr. Minna Ruckenstein.

A presentation on the future of Finnish Studies in North America. In the presence of His Excellency Sauli Niinistö, President of the Republic of Finland. Celebration of the 25th anniversary of the Finnish Studies Program at the University of Toronto. Council Chamber, King's College Circle, the University of Toronto. Toronto, Canada. October 10, 2014. <http://tinyurl.com/kv8jmbb>

The future of health equity. A presentation at the Demos Helsinki associate meeting. June 18, 2014. Helsinki, Finland.

Critical reflection on the moral limits of markets. "Institutions in Context: The free market" international workshop. Organized and hosted by the North American Studies Program of the University of Tampere. Tampere, Finland. June 9-15, 2014. Available at <https://tinyurl.com/y8ed8sss>

Health inequalities and income inequality in Finland. "Institutions in Context: Inequality" international workshop. Organized and hosted by the North American Studies Program of the University of Tampere. Tampere, Finland. June 3-9, 2013. Available at <https://tinyurl.com/h7czb28>

Opportunities and challenges associated with raising institutional and public awareness of the social determinants of health. 25th Anniversary Health Promotion Ontario (HPO) conference. Toronto, Ontario. September 27, 2012.

Material and social deprivation among Finnish low-income youth. Visiting lecture. Chydenius Institute. University of Jyväskylä, Finland. October 7, 2011.

Participation of people experiencing poverty. Visiting lecture. Chydenius Institute. University of Jyväskylä, Finland. October 6, 2011.

Health promotion and vocational school student in Finland. A presentation in an expert seminar organized by the Association for Healthy Lifestyles. September 15, 2011.

Promoting health equity: A comparative study between Canada and Finland. A presentation of a preliminary research proposal. University of Eastern Finland. Helsinki, September 29, 2011.

Sosiaalinen Eurooppa – Mitä kansalaisjärjestöt tavoittelevat? [Social Europe: What NGOs are seeking?]. A presentation in EU seminar organized by the Finnish Federation for Health and Welfare. Helsinki, October 21, 2010.

Social and material deprivation among youth in Finland: Causes, consequences, and coping. A yearly social policy conference organized by the Finnish Social Policy Association. A presentation in a working group focused on "Poverty, social exclusion, and minimum income". October 21, 2010.

Rikas runo – kirjoituksia köyhyydestä [Wealthy Poems; an anthology of poems about poverty]. A presentation in World Village festival. Helsinki. May 23, 2009.

Mitä kirjoituskilpailu kertoi köyhyydestä? [What a writing contest told about poverty?] A presentation in open rehearsals of Breadline Ballad theater play. The Night of the Arts. Helsinki, Theater Takomo. August 22, 2008.

Lapsiperheiden kokemuksia köyhyydestä: nälkää, häpeää ja selviytymistä [Poverty and families with children: hunger, shame, and survival](with Reetta Ruokonen). A presentation in Allianssi Cruise. March 12-13, 2008.

Päihdehaittojen ehkäisy [Substance abuse prevention]. A presentation in Kehrä seminar "Healthy students in a healthy university". University of Tampere, November 22-23, 2007.

Arkipäivän kokemuksia köyhyydestä -kirjoituskilpailun satoa [Everyday experiences of poverty: experiences from a writing contest] (with Anna-Maria Isola). Finnish Social Forum. Swedish Adult Education Centre of Helsinki (Arbis), Helsinki. April 21, 2007.

Kansanedustajien köyhyyspaneeli ja "Arkipäivän kokemuksia köyhyydestä" -kirjan luovutustilaisuus [A panel discussion of MPs and a donation of books]. A presentation and acting as a chairman. Parliament of Finland. October 16, 2007.

Opiskelijoiden alkoholikulttuuri ja siihen vaikuttaminen [Alcohol culture among students: how to influence it] (with Reetta Ruokonen). An expert meeting for preventing substance abuse. Finlandia hall, Helsinki. September 13-14, 2007.

Terveys ja köyhyys [Health and poverty]. A presentation in Student's Social Democratic Organization. Uusi ylioppilastalo [The new student house], Helsinki. May 16, 2007.

Opiskelijat sosiaalisen ympäristön painessa [Students under social pressure]. A presentation in a seminar organized by the Ministry of Social Affairs and Health. April 27-8, 2006.

HuuMaa-roolipeli huumevalistukseen ja kehityskasvatukseen [HuuMaa roleplay - A model for drug and citizenship education]. A presentation in a training seminar. Elohoivi, Veikkola. September 27-28, 2004.

Mitä on virittävä valistus? [What is generative communication in health promotion practice?]. A presentation in Kehrä 2004 seminar for student health and well-being. Finnish Student Health Service. Helsinki. October 28-29, 2004.

### **POSTER PRESENTATIONS (3)**

Savuton Sohva Sakille [Smoke free couch for vocational students campaign]. Tobacco and health conference. Finnish Lung Health Association. Kalastajatorppa, Helsinki. December 2, 2011.

Prevention of substance abuse in working life. New partnership for effectiveness. Poster presentation. 19th IUHPE World Conference on Health Promotion and Health Education. Vancouver, Canada. June 10-15, 2007.

HuuMaa – A new approach for drug prevention and development education. Poster presentation. 19th IUHPE World Conference on Health Promotion and Health Education. Vancouver, Canada. June 10-15, 2007.

### **INTERVIEWS (5)**

Ne isot erot [Those large differences. An interview on health inequalities]. Yliopisto-lehti [The magazine of the University of Helsinki]. 5/2014. August, 2014.

Terveyserojen syyt ovat pitkälti yhteiskunnallisia [An interview on health inequalities]. Taloussanomien [Financial news]. January 1, 2013. <http://www.taloussanomien.fi/politiikka/2013/01/11/mita-alempi-asema-sita-heikompi-terveys/2013204/12>

Autobiographical narratives on poverty experiences. FSD Bulletin. Finnish Social Science Data Archive. Issue 33 (2/2011). <http://www.fsd.uta.fi/lehti/en/33/koyhyyskirjoitukset.html>

Köyhyysskirjoitukset myös runsassatoinen tutkimusaineisto [Poverty writings as a rich research data]. Interview about the project and the collected data. Data Archive. 2/2011. October 2011. Available at <http://www.fsd.uta.fi/lehti/fi/33/>

Inequality kills on a grand scale. Vapaasana weekly newspaper, Toronto, Canada. July 13, 2010. [http://mikkonen.kapsi.fi/archive/Inequality\\_kills-VS-2010-07-13.pdf](http://mikkonen.kapsi.fi/archive/Inequality_kills-VS-2010-07-13.pdf)

Hyvää terveydenhuoltoa, epäonnistunutta sosiaalipolitiikkaa [Good health care, failed social policy]. Vapaasana weekly newspaper, Toronto, Canada. June 15 2010.

The welfare state reconsidered. Vapaasana weekly newspaper, Toronto, Canada. Issue 48, 2009.

## **TELEVISION INTERVIEWS (2)**

An interview: "Everyday Experiences of Poverty" writing contest. Prime time news. National Broadcasting Company YLE. March 16, 2007.

An interview as a recipient of "Viksu" science award given by the Science Academy of Finland. Breikki youth program. 2000.

## **ARTISTIC WORKS: PHOTOGRAPHY (3)**

A Europa precisa de um novo coração!" [Europe needs a new heart]. Instituto de Psicologia Aplicada. Lisbon, Portugal. June 1-30, 2011.

Kodiak Gallery, Distillery District, Toronto. August 2010.

Photography exhibit. Paloranta Art Gallery, Queen St W., Toronto. September 2010.

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