

JUHA MIKKONEN

Name: Juha Mikkonen (Mr.)
Email: mikkonen [at] iki.fi
Tel. +358 50 527 4780
Homepage: <http://www.iki.fi/mikkonen/>
LinkedIn: <https://ca.linkedin.com/in/juhamikkonen>



A. PROFILE

I am a public policy professional and social psychologist with 15 years of professional experience. Currently, I am working in the areas related to health equity, intersectoral action, mental health promotion, and the social determinants of health.

During my career, I have held leadership positions in numerous non-profit organizations to promote health and well-being. I have led and managed projects for non-governmental organizations in Finland and later in multicultural environments in Canada and Europe. In my role as a consultant, I have provided expert advice to think tanks and international organizations, such as the World Health Organization.

My contributions to the field of public policy include over 80 articles, books, reports, and professional presentations. In Finland, I have published several books and reports covering themes such as health inequalities, health promotion, and social exclusion. Internationally, I have written book chapters on health and social policy to volumes published by Ashgate Publishing/Taylor & Francis and Canadian Scholars' Press.

B. ACADEMIC BACKGROUND

PhD Cand. (Specializing in Health Policy and Equity) — 09/2012 –

York University, Toronto, Canada, Health Policy & Management, Faculty of Health.
Supervisor: Dr. Dennis Raphael (York University, Canada)
I have finished my coursework with an "A" average (GPA: 3.951, 7 courses).

The doctoral program emphasizes the analysis and promotion of equity in health through public policy action. It is directed at the societal causes of inequalities in health and the organization and delivery of health care and how public policy can redress these issues.
<http://health.gradstudies.yorku.ca/about-the-program/>

Vanier Canada Graduate Scholar (Vanier CGS) — 09/2012-09/2015

The Vanier CGS is the most prestigious graduate scholarship offered in Canada. The Vanier program launched by the Government of Canada is designed to attract world-class doctoral students. Vanier scholars demonstrate leadership skills and a high standard of scholarly achievement.

My nomination was ranked No.1 of all national and international 215 candidates that were nominated by Canadian universities (CIHR stream). I am the first person from the Nordic countries to receive this award and recognition. <http://www.vanier.gc.ca/>

Master of Social Science (195 ECTS credits) — 2011

University of Helsinki, Department of Social Psychology,
Faculty of Social Sciences.
Major: Social Psychology. Other studies: Public Health and Health Policy.

Master's thesis: "*Social and material deprivation among youth in Finland: Causes, consequences, and coping*".
Graduated with the highest distinction "Laudatur", equivalent to summa cum laude, ~1% in the faculty. Available at: <http://tinyurl.com/jhj2kb5>

Bachelor of Social Science (121 ECTS credits) — 2009

University of Helsinki, Department of Social Psychology, Faculty of Social Sciences.
Major: Social Psychology. Minor: Communication and Leadership Studies.

Bachelor's thesis: "*Transaktioanalyysi persoonallisuus- ja vuorovaikutusteorianä*"

[Transactional analysis as a theory of personality and communication].
Available at: <http://tinyurl.com/kn72epr>

The highest distinction: 5/5. My Bachelor's thesis was published as a peer-review article in Journal of the Finnish Psychological Society [Psykologia], Vol. 5 2006 pp. 328-344.

International Exchanges: Visiting student at York University (2009) and the University of Toronto (2006).

Other academic studies:

- Minor in Leadership Studies in 2009 (25 ECTS credits), Faculty of Social Sciences, University of Helsinki.
- Preparatory studies for psychotherapy training (30 ECTS credits), Open University, University of Helsinki. The completion of these studies is a legal requirement for enrolling in psychotherapy training in Finland.
- Fall Institute, Health Policy and Management, Johns Hopkins Bloomberg School of Public Health. November 7-26, 2016 in Barcelona.

C. RELEVANT WORK EXPERIENCE

Health 2020 Policy Consultant

World Health Organization Regional Office for Europe, Copenhagen, Denmark — 2015-2016

Division of Policy and Governance for Health and Well-Being.

Trained as a Health 2020 consultant to support the implementation of the Health 2020 European policy framework. In 2016, write-up of National Health Policy updates for Sweden, Finland, Denmark, Norway, and the Netherlands

Consultant

World Health Organization Regional Office for Europe, Copenhagen, Denmark — 11/2015-07/2016

Division of Policy and Governance for Health and Well-Being.

Coordinated the work of five experienced WHO consultants who are collecting intersectoral initiatives across the WHO European Region.

External Consultant on a WHO Mission to Uzbekistan with Dr. Richard Alderslade

World Health Organization Regional Office for Europe, Copenhagen, Denmark — 10/2015

Temporary Advisor

World Health Organization Regional Office for Europe, Copenhagen, Denmark — 08/2015-10/2015

Division of Policy and Governance for Health and Well-Being.

Advisory work on governance and intersectoral action for health.

Wrote a working paper entitled "Mapping exercise to support intersectoral action: Results of the in-house consultation with Program Managers, Unit Leaders, and Technical Officers at the WHO Regional Office for Europe". For the report, I conducted 28 interviews at the WHO Regional Office for Europe in Copenhagen.

Associate, Demos Helsinki, Helsinki, Finland — 07/2013-

Demos Helsinki is Finland's leading independent and non-partisan think tank. I have written a report entitled "Terveyden tasa-arvon tulevaisuus" [The Future of Health Equity] for Demos in 2015.

Available at <http://www.demos.fi>

Visiting Researcher, National Institute for Health and Welfare, Helsinki, Finland —

04/2012-08/2012 [Terveyden ja hyvinvoinnin laitos, THL]

Division of Welfare and Health Policies, Health and Welfare Inequalities Unit.

Expert Advisor, Finnish Association for Substance Abuse Prevention, Helsinki, Finland —

01/2012-02/2012 [Ehkäisevä päihdetyö EHYT ry]

I worked for a brief time as an expert advisor on social and health policies concerning substance abuse prevention after a merger of three Finnish NGOs.

Visiting Lecturer, Kokkola University Consortium Chydenius, University of Jyväskylä — 2011

I was invited as a visiting lecturer on the topic of participation of people experiencing poverty. I took part in a European wide project "The Role of Welfare Services for Participative Citizenship of Marginalised Citizens in Europe."

Project Manager, Association for Healthy Lifestyles, Helsinki, Finland — 09/2010-12/2011

["Elämäntapaliitto": after a merger "Finnish Association for Substance Abuse Prevention", EHYT]

I was in charge of a nation-wide community development project targeted at vocational school students in Finland. The project is focused on social determinants of health, such as building health-promoting structures and environments in vocational schools, strengthening student board activities, and improving health education. In 2011, I was initiating a 5-year project with a total budget of over 2 million euros.

Consultant, National Collaborating Centre for Determinants of Health (NCCDH) in Canada — 2011

I collaborated with the NCCDH to prepare a French version of my publication: Déterminants sociaux de la santé : les réalités canadiennes, 2011 (with Dr. Dennis Raphael).

Visiting Scholar, School of Health Policy and Management— 01/2010-05/2010

York University Toronto, Canada

I worked as a Visiting Scholar at York University and during this time I co-authored an acclaimed report “Social Determinants of Health: The Canadian Facts” (2010) that has been downloaded over 500,000 times from the project’s website thecanadianfacts.org. The report considers the social factors that influence health and gives suggestions of what can be done to improve population health.

The foreword was written by Honourable Monique Bégin (Former Minister of National Health & Welfare of Canada and Member of WHO Commission on Social Determinants of Health). Our public health primer has become a key resource on the social determinants of health and it is used in graduate and undergraduate courses at a number of Canadian universities. Over 400 Google Scholar citations by 2016 (<http://tinyurl.com/lbj92ry>).

National Coordinator (Finland), 7th EU Meeting of People Experiencing Poverty, Brussels, Belgium — 05/2008

I coordinated the preparation of the meeting and was in charge of the Finnish delegation on behalf of the Finnish branch of European Anti Poverty Network.

Planning Officer, Association for Healthy Lifestyles, Helsinki, Finland — 06/2002-2009

[“Elämäntapaliitto”: after a merger “Finnish Association for Substance Abuse Prevention”, EHYT]

I was responsible for coordinating youth health promotion projects. Projects have covered such themes as advocacy, development policies, health promotion, alcohol and drug education, healthy public policies, community development, and social inclusion. Projects were funded by such organizations as the Ministry of Foreign Affairs, the Ministry of Social Affairs and Health, the Finnish Slot Machine Association (RAY).

Intern, Centre for Health Promotion — 09/2006–12/2006

World Health Organization (WHO) Collaborating Centre in Health Promotion.

Department of Public Health Sciences, University of Toronto, Faculty of Medicine, Canada

I evaluated a health promotion campaign on alcohol abuse prevention. The Centre for Health Promotion offered its expertise in program evaluation to support the work.

Systems Analyst, Finnish Defence Forces, Helsinki’s Anti-Aircraft Regiment, Finland

— 08/2001–01/2002 - I administrated a Linux-based network portal for distance learning.

Systems Specialist / Linux System Administrator, Adcore Ltd., Helsinki, Finland

— 06/2000–06/2001 - My responsibility consisted of system administration and various developmental tasks on Linux network servers and workstations.

D. APPOINTMENTS AND LEADERSHIP POSITIONS

Vice-President, Canadian Friends of Finland — 2014

Canadian Friends of Finland (CFF) is an organization devoted to the promotion of friendship, understanding and cooperation between the peoples of Canada and Finland. The CFF was founded in 1982. [<http://cff.ca/about-cff/>]

Member of the Faculty Council, Faculty of Graduate Studies, York University, Toronto, Canada — 2013

Member of the Admissions Committee, Faculty of Health, York University, Toronto, Canada — 2013

MA and PhD programs in Health Policy and Equity

Member of the Executive Committee, European Anti-Poverty Network (EAPN) — 2009-2012

The EAPN is an independent network of organizations and groups working against poverty and social exclusion in 27 member states of the European Union. The network was established in 1990 and its secretariat is located in Brussels, Belgium (see www.eapn.eu).

Vice-President, European Anti-Poverty Network, National Network in Finland (EAPN-Fin) — 2008-2012

Member, European Working Group on Social Inclusion, European Anti-Poverty Network — 2008-2009

Member of the Steering Group, OTUS Research Association — 2011

Project on the financial situation of Finnish university students

Vice-President, Art, Science and Poor People (NGO) — 2007-2011 [Tiede, taide ja köyhä kansa ry]

Member of Election Collegium, University of Helsinki, Finland — 2007-2009 [Helsingin yliopiston kollegio]

Member of Faculty Council, Faculty of Social Sciences, University of Helsinki — 2007-2009

Member of Academic Competence Evaluation Group, Faculty of Social Sciences — 2004-2005
University of Helsinki [Akateemisen pätevyuden arviointiryhmä]

Board of Directors, Helsinki University Press Ltd. – Gaudeamus, Helsinki, Finland — 2007-2008 and 2009-2010

GAUDEAMUS Helsinki University Press is one of the leading Finnish science publishers. Gaudeamus publishes literature from various academic fields (i.e. political and social sciences, humanities, philosophy, environmental studies etc.) for the purposes of the Finnish academia and university students.

Member of the Delegation, Finnish Student Health Services (FSHS) — 2004-2009

[Ylioppilaiden terveydenhoitosäätiö, YTHS]

Finnish Student Health Services (FSHS) provides students with preventive health care, medical care, mental health care and dental health care. FSHS was founded in 1954 and it covers all Finnish university students in 16 cities.

Board of Directors, Pro Welfare State Finland (NGO) — 2007-2009 [Hyvinvointivaltion vaalijat, HYVA]

Board of Directors, Finnish Youth Co-Operation - Allianssi — 2006-2007

Allianssi is an umbrella organisation for Finnish youth organizations with over one hundred member organizations. It is a non-governmental, non-profit organization independent of any political and denominational affiliation. Most national youth organizations belong to Allianssi which makes it the most substantial non-governmental organization working on the youth policy in Finland. [www.alli.fi]

Member of Representative Council, Student Union of the University of Helsinki (HYY) — 2006-2007

The Student Union (HYY) is an active community of over 30,000 students. The purpose and task of the HYY is to represent the students of the University of Helsinki, look after their interests, and foster their academic, social and intellectual endeavours. [www.hyy.helsinki.fi]

Board of Directors, Nyyti ry, Helsinki, Finland — 2004-2007

Nyyti is an association (NGO) for preventive mental health care for students founded in 1984 [www.nyyti.fi]

Member of the Steering Committee, Preventiimi, Helsinki, Finland — 2007

A network for youth substance abuse prevention

Member, Amnesty International, Medi Action Group, Helsinki, Finland — 2005

Tutor, Department of Social Psychology, University of Helsinki — 2004

Vice-President, Status, Student Organization for Social Psychology Majors — 2003

Editor-in-Chief, student magazine “Status” — 2002-2003

E . L A N G U A G E S

Finnish	-	Native; Matriculation exam: Laudatur (L); (~5% receive a laudatur)
English	-	Reading: Excellent; Writing: Excellent; Spoken: Excellent
Swedish	-	Reading: Basic; Writing: Basic; Spoken: Fair Finnish Civil Service Language Proficiency (CSLP) Certificate in Swedish (2008); Spoken and written proficiency corresponding to at least level B1 on the CEFR.
Spanish	-	Reading: Fair
French	-	Reading: Fair

F. MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

Finnish Association of Social Psychologists
Finnish Social Policy Association
Society for Social Medicine in Finland
The Westermarck Society - Finnish sociological society

G. TECHNICAL SKILLS

Operating systems: Mac OS X, Windows, GNU/Linux (server administration)

Software:

- Office tools (e.g. MS Office, Open Office), HTML (e.g. Dreamweaver),
- Image processing (e.g. Adobe Photoshop, Elements), Desktop publishing (Adobe Indesign)
- Excellent knowledge of computer software and hardware.
- Designed web pages for several non-profit organizations.
- Semi-professional photographer.

H. RECENT INTERNATIONAL COURSES, MEETINGS, AND TRAININGS

During my career, I have taken part in over 50 international seminars and training sessions.

Selected events:

- Completed the course "Advanced Security in the Field" (20 October 2015), United Nations Department of Safety and Security (UNDSS).
- "Institutions in Context: The free market" international workshop. Organized and hosted by the North American Studies Program of the University of Tampere. 9-15 Jun 2014. Tampere, Finland.
- "Institutions in Context: Inequality" international workshop. Organized and hosted by the North American Studies Program of the University of Tampere. 3-9 Jun 2013. Tampere, Finland.
- European Union training course. Organized by The Finnish Federation for Social Welfare and Health. 21-24 Nov 2011, Brussels, Belgium.
- EAPN Strategy Preparation 2012-2015, 2-4 Feb 2011, Leuven, Belgium.
- Interviews in deprived areas, Jan 2011, Tolu, Colombia.
- Closing Conference of the European Year for Combating Poverty, 16-17 Dec 2010, Brussels, Belgium.
- 9th Round Table on Poverty and Social Exclusion, 18-19 Oct 2010, Brussels, Belgium.
- Nordic-Baltic Welfare Platform meeting, 1-2 Sept 2010, Oslo, Norway.
- UN General Assembly, a participant with UN Grounds Pass, Economic and Social Council (ECOSOC), 6-8, Oct 2009, New York, United States.
- Training on Active Inclusion in the European Union. 13-14 Jun, 2008, Brussels, Belgium.
- Training on the Open Method of Coordination (OMC) in the EU, 29 Feb – 1 Mar, 2008, Brussels, Belgium.
- European Union Training Course, 29 Aug – 1 Sept., 2007, Brussels, Belgium.
- Intercultural Course for Youth Leaders. Organized by the Council of Europe. 1-27 Jul, 2008, Dublin, Ireland.
- Public Relations Training Course. Lithuania. Organized by the European Youth Forum. 19-25 Jun, 2006, Trakai, Lithuania.
- Alcohol Policy Advocacy Training Course led by Dr. Peter Anderson (Oxford University) and Ben Baumberg (Institute of Alcohol Studies) in Copenhagen, Denmark. 14-17 Feb, 2006, Copenhagen, Denmark.
- English course in advanced level B at the Sheridan College Institute of Technology and Advanced Learning in Brampton, Ontario, Canada (8 weeks in fall 2005).

I. SELECTED TRAINING IN FINLAND

- Project management training, The Finnish Youth Co-operation Allianssi, two days in spring 2011. Helsinki, Finland.
- Training course on public speaking (Puhujakoulu), The Academy of Philosophy, four weekends in Oct-Dec 2010, Helsinki, Finland.
- Project management training, The Federation for Social Welfare and Health, two days in spring 2008. Helsinki, Finland.

J. RESEARCH GRANTS

- Independent Research Grant, The Finnish Foundation of Wage Earners, Finland, Effective: 01/2010, Ending: 12/2010, A study on Finnish low-income youth, €10,000.
- Jubilee Fund, University of Helsinki, Finland, Effective: 2009, Travel grant for international study, €1,000
- Public Information Grant, State's Committee for Public Information, Finland, Effective: 05/2006, Ending: 12/2006, For the book "Everyday Experiences of Poverty", €3,000. [Valtion tiedonjulkistamisen neuvottelukunnan apuraha].

K. DISTINCTIONS

- Scholarship for activeness and study success, Alumni Association of the University of Helsinki, Finland. Effective: 2005, €1,000.
- Award, Finnish Defence Forces, Helsinki's Anti-Aircraft Regiment, Finland. Effective: 2001, IT-administration and development.

- “Viksu” Science Contest, 4th prize. The Science Academy of Finland, Finland.
Effective: 1999, A nation-wide science contest for high school students, €2,000.

L. OTHER ACTIVITIES

- I have given career life mentoring for undergraduate and graduate students of social sciences (2010-2015). I was invited as a mentor by the student association of social psychology majors.
- I received private mentoring in photography (Jan-Aug, 2010) instructed by an award-winning photographer Gregory Talas (CEO / Creative Director at Kodiak Gallery in Toronto's Distillery District).
- I was part of the group which collected one of the most comprehensive qualitative data on poverty in Finland (Everyday Experiences of Poverty, “Arkipäivän kokemuksia köyhyydestä”). We collected qualitative data (writings, ranging in length from 1 to 20 pages, on poverty) from 850 participants through a writing contest. The project has produced three books (2007, 2009 & 2012), which I have co-authored, a theater play, a dozen seminars held at the Finnish parliament, policy recommendations, and several academic research projects (including 18 finished Master's theses) (<http://www.koyhyyskirjoitukset.org/>).
- The book based on the “Everyday Experiences of Poverty” project was donated to the all members of the Finnish Parliament in the fall 2007. Currently, our anthology is used as a textbook in three different universities in Finland. The data has been archived by the Finnish Social Science Data Archive and is being used by 20 Finnish social science researchers (https://services.fsd.uta.fi/catalogue/FSD2413?tab=description&study_language=fi).
- My thesis “Masennus ja serotoniiniselektiiviset lääkkeet” [Depression and Selective Serotonin Reuptake Inhibitors] was awarded in the “Viksu” science contest arranged by the Academy of Finland in 2000. The nationwide contest was open to all Finnish high school students. A Finnish portal on mental health published the thesis in 2002. Available at: <http://mikkonen.kapsi.fi/ssri/>

M. INTERESTS

Organizational and cultural activities, literature, various sports, music, and cinema.

In my spare time I am an avid photographer (see my portfolio at <http://juhaphotography.net>).

N. PUBLICATIONS AND PRESENTATIONS

SUMMARY OF PUBLICATIONS AND PROFESSIONAL CONTRIBUTIONS

Category	Published
Books, reports, and monographs	8
Book chapters	5
Papers in refereed journals	2
Other academic articles (non-refereed)	8
Short reports and manuals	3
Book reviews	1
Articles in newspapers and magazines	9
Forewords in publications	3
Theses	2
Test tools	1
Other publications and columns	4
Professional presentations and speeches	27
Poster presentations	3
Press interviews	8
Artistic works: photography exhibitions	3
TOTAL	86

BOOKS, REPORTS, AND MONOGRAPHS (8)

Mikkonen, J. (2015). Terveystasa-arvon tulevaisuus [The future of health equity]. Briefing paper. Published by Demos Helsinki. Available at: <http://www.demoshelsinki.fi/julkaisut/terveyden-tasa-arvon-tulevaisuus/> [48 pages]

Mikkonen, J. (2012). Syrjäytyä vai selviytyä? Nuorten pienituloisuuden syitä, seurauksia ja arjen selviytymiskeinoja [To cope or to marginalize? The experiences of low-income youth in Finland]. European Anti-Poverty Network Finland. Helsinki: Erweko. Published in Finnish. Available at: http://www.koyhyyskirjoitukset.org/syrjaytya_vai_selviytya.pdf [50 pages]

Mikkonen, J., & Raphael, D. (2011). *Déterminants sociaux de la santé : les réalités canadiennes*. Toronto : École de gestion et de politique de la santé de l'Université York & National Collaborating Centre for Determinants of Health. Published in French. Available at http://www.thecanadianfacts.org/Les_realites_canadiennes.pdf [62 pages]

Mikkonen, J., & Raphael, D. (2010). *Social determinants of health: The Canadian Facts*. Toronto, ON: School of Health Policy and Management, York University. Available at http://www.thecanadianfacts.org/The_Canadian_Facts.pdf [62 pages]

Mikkonen, J., & Tynkkynen, L. (2010). *Terve amis! Ammattiin opiskelevien terveyden taustatekijät: 50 toimenpide-ehdotusta terveyserojen kaventamiseksi* [The social determinants of health among vocational school students in Finland: 50 recommendations to reduce health inequalities]. Helsinki: Association for Healthy Lifestyles. Published in Finnish. Available at <http://tinyurl.com/hfj47la> [70 pages]

Mikkonen, J., & Typpö, A. (Eds.) (2009). *Rikas runo – sanoja köyhyydestä* [Rich/Wealthy Poems; an anthology of poems about poverty]. Foreword by the former Minister of Culture, MD Claes Andersson. Helsinki: Avain. Published in Finnish. [170 pages]

Mikkonen, J., & Ruokonen, R. (2007). *Mäyräkoirasta sikspäkkiin -yhteisöterveyshankkeen loppuraportti* [The evaluation report of "From Twelvepack to Sixpack" community health project]. Association for Healthy Lifestyles & Finnish Student Health Service. Helsinki: Kehitys Oy. Available at <http://tinyurl.com/phk2rwj> [106 pages]

Isola, A-M., Larivaara, M., & **Mikkonen, J.** (Eds.) (2007). *Arkipäivän kokemuksia köyhyydestä*. [Everyday Experiences of Poverty, an anthology]. Foreword by Dr. Ilkka Taipale. Keuruu: Avain. Available at <http://www.koyhyyskirjoitukset.org/koyhyyskirja.pdf> [349 pages]

BOOK CHAPTERS (5)

Saari, J. & **Mikkonen, J.** (2016). Yksinäisyys valokuviissa [Loneliness in photography]. In J. Saari (Ed). *Yksinäisten Suomi* [Loneliness in Finland]. Helsinki: Gaudeamus - Helsinki University Press.

Hiilamo, H. & **Mikkonen, J.** (2015). Finland. In G. Libor & D. Nowalska-Kapuscik (Ed). *Poor Europe. The Problem of Poverty in Chosen European Countries*. Katowice: Wydawnictwo Uniwersytetu Śląskiego [Publishing House of University of Silesia].

Mikkonen, J. (2014). Coping strategies among marginalized youth in Finland. In A-L. Matthies & L. Uggerhøj (Eds.), *Participation, marginalization and welfare services – concepts, politics and practices across European countries* (pp. 219-238). Ashgate, UK. Available at <http://tinyurl.com/otbygtm>

Mikkonen, J. (2012). Finnish Experiences. In D. Raphael (Ed.), *Tackling health inequalities: Lessons from international experiences* (pp.155-184). Toronto: Canadian Scholars' Press. Available at <http://tinyurl.com/q5yva7g>

Poikonen, K., **Mikkonen, J.**, Ruokonen, R. & Pakaslahti, R. (2011). Alkoholikäyttötottumuksiin vaikuttaminen opiskelijayhteisöissä [Influencing alcohol use in student communities]. In K. Kunttu, A. Komulainen, K. Makkonen & P. Pynnönen (Eds.), *Opiskeluterveys* [Student health]. Helsinki: Finnish Medical Society Duodecim.

PAPERS IN REFEREED JOURNALS (3)

Mikkonen, J. (2013). The politics of poverty in Finland. *Social Alternatives*, 32(1), 24-30. Available at <http://tinyurl.com/lj399e>

Mikkonen, J. (2006). Transaktioanalyysi persoonallisuus- ja vuorovaikutusteorianä [Transactional Analysis as a Theory of Personality and Communication]. *Journal of the Finnish Psychological Society [Psykologia]*, vol. 5 2006 pp. 328-344. (Peer-reviewed).

OTHER ARTICLES (NON-REFEREED) (8)

Mikkonen, J. & Poutanen, M. (2016). Alkoholipolitiikan jännitteet: nautinto vai ongelma? [An article on alcohol policy in Finland] *Politiikasta.fi* (Valtiotieteellisen yhdistyksen verkkolehti). Finnish Political Science Association. Available at: <http://politiikasta.fi/alkoholipolitiikan-jannitteet-%E2%88%92-nautinto-vai-ongelma/>

Mikkonen, J. & Raphael, D. (2012). Social determinants of health: A quick guide for health professionals. Ottawa: Canadian Paediatric Society. Available at http://www.kidsnewtocanada.ca/documents/Social_Determinants_of_Health.pdf

Kiukas, V. & **Mikkonen, J.** (2009). The Finnish brewing industry and alcohol education. *Nordic Studies on Alcohol and Drugs* 29 (26): 456–461.

Maunu, A. & **Mikkonen, J.** (2009). Remote politeness, close-range boozing, and targeted education. *Nordic Studies on Alcohol and Drugs* 29 (26): 451–455.

Kiukas, V. & **Mikkonen, J.** (2009). Alkoholiteollisuus ja valistus [Alcohol industry and alcohol education]. *Yhteiskuntapolitiikka [Public Policy]* 74(2): 218-221.

Maunu, A. & **Mikkonen, J.** (2008). Etäkohteliaisuus, lähikänni ja täsmävalistus [Remote politeness, close-range boozing, and targeted education]. *Yhteiskuntapolitiikka [Public Policy]* 73(6):687-689.

Mikkonen, J. & Ruokonen, R. (2007). Opiskelijoiden alkoholihaittojen ehkäisy [Alcohol abuse prevention among student populations]. In K. Kunttu, (Ed.) *Opiskeluyhteisön terveydeksi [For health of a student community]*. Finnish Student Health Service. Manuals 2. Helsinki: FSHS.

Mikkonen, J. (2003). Kannabis Marokosta Suomeen [Cannabis from Morocco to Finland]. Published in *Huumetalouden lonkerot [The tentacles of drug trade]*. Helsinki: Association for Healthy Lifestyles.

REPORTS AND MANUALS (3)

Mikkonen, J. (2015). *Mapping exercise to support intersectoral action: Results of the in-house consultation with Program Managers, Unit Leaders, and Technical Officers at the WHO Regional Office for Europe*. Internal working paper. Copenhagen: WHO Regional Office for Europe.

Mikkonen, J. (2011). *Yhteisöllinen osaaja. Ammattiin opiskelevat hyvinvointinsa edistäjinä [Community experts: Vocational students promoting wellbeing]*. Helsinki: Association for Healthy Lifestyles.

Mikkonen, J. & Yliviitala, J. (2004). *HuuMaa-roolipeliopas – toiminnallinen malli huume- ja kansainvälisyyskasvatukseen [HuuMaa roleplay guidebook - A new model for drug and citizenship education]*. Helsinki: Association for Healthy Lifestyles.

BOOK REVIEWS (1)

Mikkonen, J. (2004). Kiihottomasti huumeista [Dispassionately about drugs]. *Yhteiskuntapolitiikka [Public Policy]* 69(5): 561.

ARTICLES IN NEWSPAPERS AND MAGAZINES (9)

Mikkonen, J. (2011). Terveyden tasa-arvoa edistämässä [Promoting health equity]. *Finnish Social Psychologist* 2/2011.

Niemeläinen, J., & **Mikkonen, J.** (2010). Minne menet Kanada? Katsaus Kanadan poliittiseen tilanteeseen [Where do you go Canada? A review on contemporary Canadian politics]. *Kanava magazine* 8/2010. December 2010.

Mikkonen, J. (2008). Euroopan köyhyyttä kokeneet koolla Brysselissä [People experiencing poverty gathered in Brussels]. *Sosiaali- ja terveysviesti [Social and health message]* 5/2008. Magazine article. May 2008.

Mikkonen, J. (2007). Köyhät ja kipeet [Poor and sick]. *Avun maailma* 4/2007. The magazine of the Finnish Red Cross. April 2007.

Mikkonen, J. (2007). Köyhyys ja sairaus kulkevat usein rinnakkain [Poverty and sickness go hand in hand]. *Helsingin Sanomat* (The biggest daily newspaper in Scandinavia). February 18 2007.

Mikkonen, J. (2005). The myth of self-esteem. An essay. Internet publication. December 2005.

Mikkonen, J. & Holm, N. (2005). Ryhädynamiikan asiantuntijat? Käytäntö ja teoria sosiaalipsykologian opetuksessa [The experts of group dynamics. Theory and praxis in social psychology curriculum]. *Status Magazine* 1/2005. January 2005.

Mikkonen, J. (2004). Elämä ja sen tarkoitus [Life and its meaning]. *Status Magazine* 2004.

Mikkonen, J. (2003). Masennuksen hoito puutteellista. Op-ed, *Helsingin Sanomat* (The biggest daily newspaper in Scandinavia.) May 5 2003.

Mikkonen, J. & Holm, N. (2003). Vaikuttamiskysely. Sosiaalipsykologian perus- ja jatko-opiskelijoiden yhteiskunnallinen vaikuttaminen [Social action and social psychology students. Results from a survey]. *Status Magazine* 1/2003. January 2003.

FOREWORDS IN PUBLICATIONS (3)

Mikkonen, J. & Jylhä, K. (2011). Foreword in F. Martela & L. Järvillehto, *Ammattiosaajan hyvä elämä. Ajatuksia ja työkaluja ammattiin opiskelevien elämänlaadun edistämiseksi*. [The good life of skilled workers. Tools and thoughts to promote the quality of life among vocational school students]. Helsinki: Finnish Association for Substance Abuse Prevention [Ehyt ry].

Mikkonen, J. (2011). Foreword in M. Mäkelä, *Savua ilmassa. Tupakoinnin paikka ammattiin opiskelevien elämässä* [Smoke in the air. Tobacco in the life of Finnish vocational students]. Helsinki: Association for Healthy Lifestyles.

Mikkonen, J. (2011). Foreword in A. Peltola, *Tervettä tietoa. Ammattiin opiskelevien terveystiedon opetuksen nykytila* [Healthy knowledge. Vocational students and health information]. Helsinki: Association for Healthy Lifestyles.

THESES (2)

Mikkonen, J. (2011). *Social and material deprivation among youth in Finland: Causes, consequences, and coping*. Master's thesis. Faculty of Social Sciences, University of Helsinki. (The highest possible grade: Laudatur, ~1.3% in the faculty.) Available at: <http://tinyurl.com/jhj2kb5>

Mikkonen, J. (2006). *Transaktioanalyysi persoonallisuus- ja vuorovaikutusteorianäkökulmasta* [Transactional analysis as a theory of personality and communication]. Bachelor's thesis. Faculty of Social Sciences, University of Helsinki. (The highest possible grade, 5/5).

TEST TOOLS (1)

Social AUDIT (2004). 10 personal questions concerning social responsibility and alcohol. A test tool utilized widely among Finnish youth and student populations to measure social consequences of alcohol use. Helsinki: Association for Healthy Lifestyles [Elämäntapaliitto]. The original version published in Finnish. Translated into Swedish, English, and Russian.

OTHER PUBLICATIONS (4)

Mikkonen, J. (2013). Terveysterojen kaventaminen kansainvälisestä näkökulmasta [Reducing health inequalities: An international perspective]. Kaventaja web portal, maintained by the National Institute for Health and Welfare (THL), Finland. August 2013.

Available at

http://www.thl.fi/fi_FI/web/kaventaja-fi/ajankohtaista/kavenna-kanssamme/kuukauden-kirjoitus/mikkonen

Mikkonen, J. (2013). Terveysterojen edistäminen vaatii rajojen rikkomista [Health promotion requires breaking boundaries]. Demos Helsinki, Finland. August 2013.

Available at <http://www.demohelsinki.fi/terveyden-edistaminen-vaatii-rajojen-rikkomista/>

Isola, A.-M., Larivaara, M., & **Mikkonen, J.** (2008). Arkipäivän kokemuksia köyhyydestä -kirjoituskilpailu: kansalaistoimintaa ruohonjuurilta vallan kabinetteihin ["Everyday experiences of poverty" writing contest: Action from grassroots to the cabinets of power]. Internet publication. March 2008.

Mikkonen, J. (2000). *Masennus ja serotoniiniselektiiviset lääkkeet* [Depression and selective serotonin reuptake inhibitors]. A study for "Viksu" science contest. 4th prize, The Academy of Finland. The work was published by a web portal for mental health promotion (Tukiasema.net). Available at: <http://mikkonen.kapsi.fi/ssri/>

PRESENTATIONS AND PUBLIC SPEECHES (27)

A presentation of the future of health promotion, "Terveysterojen edistämisen tulevaisuus", M/S SOSTE. Commentaries by Director Taru Koivisto and Dr. Harri Vertio. Helsinki, Finland. October 5, 2016.

An invited speech at the 50th Anniversary Celebration of the Social Psychology Majors (Status ry) at the University of Helsinki. Helsinki, Finland. February 27, 2016.

Working at the country level as a WHO consultant: Uzbekistan. Building country capacity for national health policy development in the contemporary context - H2020 and SDGs: Briefing for policy consultants. WHO Regional Office for Europe. Copenhagen, Denmark. November 19-20, 2015.

A presentation of the Preliminary Results: In-house Consultation on Intersectoral Action for Health. WHO Regional Office for Europe Copenhagen. Copenhagen, Denmark. May 26, 2015.

The future of health equity in Finland [Terveysterojen tasa-arvon tulevaisuus]. A presentation at the launch event, Demos Helsinki, January 14, 2015. Commentaries by Dr. Pekka Puska, Eeva Kuuskoski, and Dr. Minna Ruckenstein.

A presentation on the future of Finnish Studies in North America. In the presence of His Excellency Sauli Niinistö, President of the Republic of Finland. Celebration of the 25th anniversary of the Finnish Studies Program at the University of Toronto. Council Chamber, King's College Circle, the University of Toronto. Toronto, Canada. October 10, 2014. Available at: <http://tinyurl.com/kv8jmbb>

The future of health equity. A presentation at the Demos Helsinki associate meeting. June 18, 2014. Helsinki, Finland.

Critical reflection on the moral limits of markets. "Institutions in Context: The free market" international workshop. Organized and hosted by the North American Studies Program of the University of Tampere. Tampere, Finland. June 9-15, 2014.

Health inequalities and income inequality in Finland. "Institutions in Context: Inequality" international workshop. Organized and hosted by the North American Studies Program of the University of Tampere. Tampere, Finland. June 3-9, 2013. Available at

http://www.uta.fi/yky/en/studies/disciplines/northamericanstudies/summer_school/2013_Juha_Mikkonen_J-Health_inequality-Finland.pdf

Opportunities and challenges associated with raising institutional and public awareness of the social determinants of health. 25th Anniversary Health Promotion Ontario (HPO) conference. Toronto, Ontario. September 27, 2012.

Material and social deprivation among Finnish low-income youth. Visiting lecture. Chydenius Institute. University of Jyväskylä, Finland. October 7, 2011.

Participation of people experiencing poverty. Visiting lecture. Chydenius Institute. University of Jyväskylä, Finland. October 6, 2011.

Health promotion and vocational school student in Finland. A presentation in an expert seminar organized by the Association for Healthy Lifestyles. September 15, 2011.

Promoting health equity: A comparative study between Canada and Finland. A presentation of a preliminary research proposal. University of Eastern Finland. Helsinki, September 29, 2011.

Sosiaalinen Eurooppa – Mitä kansalaisjärjestöt tavoittelevat? [Social Europe: What NGOs are seeking?]. A presentation in EU seminar organized by the Finnish Federation for Health and Welfare. Helsinki, October 21, 2010.

Social and material deprivation among youth in Finland: Causes, consequences, and coping. A yearly social policy conference organized by the Finnish Social Policy Association. A presentation in a working group focused on "Poverty, social exclusion, and minimum income". October 21, 2010.

Rikas runo – kirjoituksia köyhyydestä [Wealthy Poems; an anthology of poems about poverty]. A presentation in World Village festival. Helsinki. May 23, 2009.

Mitä kirjoituskilpailu kertoi köyhyydestä? [What a writing contest told about poverty?]. A presentation in open rehearsals of Breadline Ballad theater play. The Night of the Arts. Helsinki, Theater Takomo. August 22, 2008.

Lapsiperheiden kokemuksia köyhyydestä: nälkää, häpeää ja selviytymistä [Poverty and families with children: hunger, shame, and survival](with Reetta Ruokonen). A presentation in Allianssi Cruise. March 12-13, 2008.

Päihdehaittojen ehkäisy [Substance abuse prevention]. A presentation in Kehrä seminar "Healthy students in a healthy university". University of Tampere, November 22-23, 2007.

Arkipäivän kokemuksia köyhyydestä -kirjoituskilpailun satoa [Everyday experiences of poverty: experiences from a writing contest] (with Anna-Maria Isola). Finnish Social Forum. Swedish Adult Education Centre of Helsinki (Arbis), Helsinki. April 21, 2007.

Kansanedustajien köyhyyspaneeli ja "Arkipäivän kokemuksia köyhyydestä" -kirjan luovutustilaisuus [A panel discussion of MPs and a donation of books]. A presentation and acting as a chairman. Parliament of Finland. October 16, 2007.

Opiskelijoiden alkoholikulttuuri ja siihen vaikuttaminen [Alcohol culture among students: how to influence it] (with Reetta Ruokonen). An expert meeting for preventing substance abuse. Finlandia hall, Helsinki. September 13-14, 2007.

Terveys ja köyhyys [Health and poverty]. A presentation in Student's Social Democratic Organization. Uusi ylioppilastalo [The new student house], Helsinki. May 16, 2007.

Opiskelijat sosiaalisen ympäristön painassa [Students under social pressure]. A presentation in a seminar organized by the Ministry of Social Affairs and Health. April 27-8, 2006.

HuuMaa-roolipeli huumevalistukseen ja kehityskasvatukseen [HuuMaa roleplay - A model for drug and citizenship education]. A presentation in a training seminar. Elohoivi, Veikkola. September 27-28, 2004.

Mitä on virittävä valistus? [What is generative communication in health promotion practice?]. A presentation in Kehrä 2004 seminar for student health and well-being. Finnish Student Health Service. Helsinki. October 28-29, 2004.

POSTER PRESENTATIONS (3)

Savuton Sohva Sakille [Smoke free couch for vocational students campaign]. Tobacco and health conference. Finnish Lung Health Association. Kalastajatorppa, Helsinki. December 2, 2011.

Prevention of substance abuse in working life. New partnership for effectiveness. Poster presentation. 19th IUHPE World Conference on Health Promotion and Health Education. Vancouver, Canada. June 10-15, 2007.

HuuMaa – A new approach for drug prevention and development education. Poster presentation. 19th IUHPE World Conference on Health Promotion and Health Education. Vancouver, Canada. June 10-15, 2007.

INTERVIEWS (5)

Ne isot erot [Those large differences. An interview on health inequalities]. Yliopisto-lehti [The magazine of the University of Helsinki]. 5/2014. August, 2014.

Terveyserojen syyt ovat pitkälti yhteiskunnallisia [An interview on health inequalities]. Taloussanommat [Financial news]. January 1, 2013.
<http://www.taloussanommat.fi/politiikka/2013/01/11/mita-alempi-asema-sita-heikompi-terveys/2013204/12>

Autobiographical narratives on poverty experiences. FSD Bulletin. Finnish Social Science Data Archive. Issue 33 (2/2011). <http://www.fsd.uta.fi/lehti/en/33/koyhyyskirjoitukset.html>

Köyhyysskirjoitukset myös runsassatoinen tutkimusaineisto [Poverty writings as a rich research data]. Interview about the project and the collected data. Data Archive. 2/2011. October 2011. Available at <http://www.fsd.uta.fi/lehti/fi/33/>

Inequality kills on a grand scale. Vapaasana weekly newspaper, Toronto, Canada. July 13, 2010. http://mikkonen.kapsi.fi/archive/Inequality_kills-VS-2010-07-13.pdf

Hyvää terveydenhuoltoa, epäonnistunutta sosiaalipolitiikkaa [Good health care, failed social policy]. Vapaasana weekly newspaper, Toronto, Canada. June 15 2010.

The welfare state reconsidered. Vapaasana weekly newspaper, Toronto, Canada. Issue 48, 2009.

TELEVISION INTERVIEWS (2)

An interview: "Everyday Experiences of Poverty" writing contest. Prime time news. National Broadcasting Company YLE. March 16, 2007.

An interview as a recipient of "Viksu" science award given by the Science Academy of Finland. Breikki youth program. 2000.

ARTISTIC WORKS: PHOTOGRAPHY (3)

A Europa precisa de um novo coração!" [Europe needs a new heart]. Instituto de Psicologia Aplicada. Lisbon, Portugal. June 1-30, 2011.

Kodiak Gallery, Distillery District, Toronto. August 2010.

Photography exhibit. Paloranta Art Gallery, Queen St W., Toronto. September 2010.

[UPDATED: DECEMBER 2016]